



Hello Friends!

A Scooters Newsletter

Merry
Christmas!
(And welcome to
winter!)

PLAY WITH US!

Snowball Toss

You'll need to: A laundry basket or bucket, pieces of paper OR balls

Make one or more snowballs by crumpling up pieces of paper. (If you have no scrap paper, just grab a ball!). Place a laundry basket or bucket in your room, and try to throw the snowball into it! If you get the snowball into the basket, take a step backwards before your next through. How far away can you stand and still get the snowball in? Can you come up with silly ways to throw the snowball, like while standing backwards or with your eyes closed?

North Pole Freeze Dance

You'll need to: Access to YouTube & space to dance!

Dance along to the "Christmas Freeze Dance" by the Kiboomers on YouTube. Can you copy the actions on the screen? Remember, when they say "Freeze!" you need to stop dancing, and try not to move!

SCOOTERS SINGS!

I'M A LITTLE SNOWMAN

I'm a little snowman, short and fat
Here are my buttons, here is my hat.

When the sun comes out,

I can't play.

I just slowly melt away!

Sing to the tune of "I'm a little teapot". Can you make up some actions?

What is a Christmas tree's
favourite candy?
Orna-mints!

3-D Paper Ornaments

You'll need: Scissors, glue, paper, markers, a circle to trace, string

Trace 4-6 circles on a piece of paper (or more if you'd like a more full ornament). Cut them out, then colour/decorate them. Fold each circle in half (right sides together). Glue one half of the circle to half of a separate circle, repeating until all circles are glued together and a 3-D ball shape is made. Punch a hole in the top, add a string, and your ornament is ready!

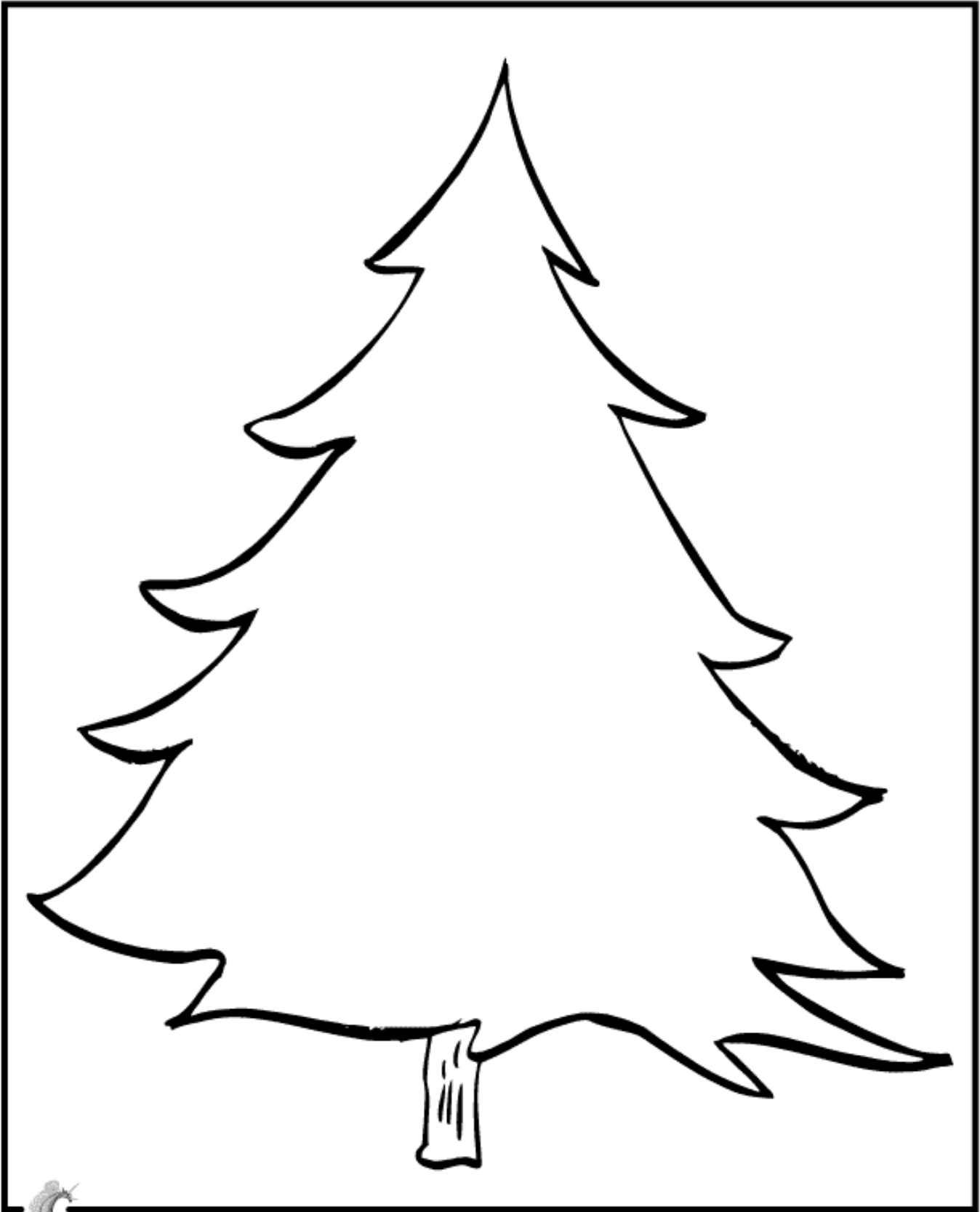


Hello Friends!

Well, winter is here, and Christmas is on it's way! There are lights and decorations on many houses in our neighbourhoods already, bringing light and beauty to our dark winter nights. However you're choosing to celebrate (or not) this year, I think we can all agree that a little extra sparkle and joy is much needed. We know that this time of year can be difficult for many. If you are in need of practical care supports, such as food & supplies or mental health support, please contact Kari (our EBC Director of Care & Community Engagement) at kari@ebap.ca or the phone number below. We love you and your kiddos, and are sending you lots of virtual hugs and love during this holiday season. Please send us an email or give us a call anytime—we'd love to say hello and catch up!

Elya, Beverly & Kari

Contact us at 306-477-1234 or scooters@ebap.ca



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Decorate the Christmas Tree!